

The Wangal News

Every child, every opportunity

Term 1 Week 9 - March 2024



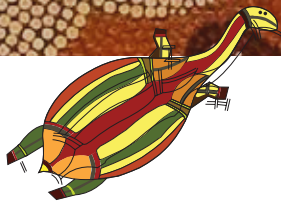
ASHFIELD

PUBLIC SCHOOL Every child, every opportunity



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- 📍 School Tours Monday 9:30am
To book please call 9798 4400





Welcome to our School

We are a multicultural community.

We acknowledge the Wangal people who are the traditional custodians of this place we call Ashfield.

Together we are responsible for taking care of the land.



From the Principal's Desk



All students are teachable and have the potential to improve academically

Direct instruction is a systematic, teacher-directed approach to teaching. It involves the teacher delivering a daily lesson which is short and highly prescriptive. It also involves the teacher using a manual and following a script to deliver clear and concise explanations about a concept that develops student knowledge and understanding.

A direct instruction lesson includes time for students to work independently. After the teacher's presentation, and under the teacher's guidance, students practice the concept that has been introduced. During independent practice, the teacher provides individual students with immediate feedback including confirming mastery of the concept.

Direct instruction can be conducted one-to-one, with a small group, or a whole class. Here is an example of a lesson that uses direct instruction. Using a script, the teacher:

1. Begins the lesson by stating the learning intention.
2. Briefly reviews the previous lesson.
3. Presents the new concept in small steps with practice after each step.
4. Gives clear and detailed instructions and explanations.
5. Provides active practice for all children to strengthen understanding of the concept.
6. Asks specific questions to check for understanding.
7. Obtains responses from all students and corrects misconceptions.
8. Guides students when they commence independent practice.

9. Provides individual feedback to correct mistakes and confirm mastery.
10. Supports continued practice until all students have achieved mastery.

At Ashfield Public School, direct instruction is used as a strategy to teach reading and writing to our students in the early years (K-2), and EALD students (English as an Additional Language or Dialect). Direct instruction is used because learning to read and write is a very systematic process:

An essential part of learning to read and write is the understanding that letters and combinations of letters make up particular sounds and words. This involves students developing phonemic awareness and learning phonics. Phonemes are the letter-sound relationships and visual knowledge used to recognise words. There are 44 phonemes in Standard Australian English, represented by the 26 letters of the alphabet in multiple combinations. Phonics instruction must be explicit and sequential.

To teach phonics, the school uses InitialLit which is a whole class beginning reading program. InitialLit includes a prescriptive and scripted synthetic (synthesising and blending sounds) phonics program. It involves a daily phonics lesson with the teacher following a script to teach students about letter-sound relationships and how to apply this knowledge to reading and spelling.

Direct instruction is one strategy used at Ashfield Public School to deliver an effective literacy program for students who are developing foundational skills for reading and writing. Our investment in InitialLit provides the school with the means to be highly accountable to consistent and successful teaching practices that support the expected, or higher than-expected progress of all students in reading and writing as measured by assessment data.

Damien Moran
Principal

[web.archive.org/web/20150301010053/http://www.musec.mq.edu.au/public/download.jsp?id=166071](http://www.musec.mq.edu.au/public/download.jsp?id=166071)

What is direct instruction (2014) K. Wheldall, J. Stephenson, M. Carter sites.uni.edu/davidc/210-161/documents/directinstruction.pdf

medium.com/inspired-ideas-prek-12/how-direct-instruction-supports-the-science-of-reading-d1d57254213e#:~:text=DI%20provides%20explicit%20instruction%20for,independent%20mastery%20has%20been%20achieved

newcastleearlycareerteachers.files.wordpress.com/2013/02/guide_phonics.pdf

Principal's Recognition

These students have been chosen by their teachers to share their best work or commitment to learning with the Principal.



Class	Name	Reason
KB	Yajas	Always being a caring and responsible class member.
KA	Sophie	For being a fabulous worker in class.
KR	Freya	For working hard during phonics.
K/1C Galah	Liliana	For consistently being a respectful member of our class.
1 Crocodile	Alexandra	For being a kind and caring friend.
1 Possum	Luca	For being a responsible, conscientious and hardworking student.
1/2 Sugar Glider	Maisie	For being responsible and showing initiative to keep our school clean.
2 Lyrebird	Sebastian	For consistently being respectful in the classroom.
2/3 Quokka	Mujtaba	For being a kind and understanding friend.
3 Echidna	Fiona	For being a responsible and respectful peer.
4 Bandicoot	Parker	For being a role model and taking on feedback to improve his work.
4 Boobook	Sri Vaishnavi	For consistently being an enthusiastic learner.
3/4 Platypus	Oliver	For showing great problem solving skills and always challenging himself.
3 Emu	Isabela	For constant determination and amazing patience with others
3-5M	Zahid	Improved listening in the classroom and working hard during handwriting.
5J	Jasmine	For taking pride and completing work to a high standard.
5T	Tony	For being a fabulous and hardworking role model to peers and actively participating in all class and school activities
5/6P	Chloe Q	For consistently being a mature and dedicated learner.
6B	Ciaran	For showing maturity and leadership in the playground.
6M	Sebastian	For your consistency and hard work in morning interventions.
6P	Doris	For challenging herself in the class item by experimenting with tone, voice projection and gesture.

Kindergarten

Stage Page

Kindergarten have had a fantastic first Term at Ashfield Public School!

Students celebrated Harmony Week, with the theme 'Everyone Belongs' last week, a time where they learn about different nationalities and cultures. Students were learning about different celebrations in their classrooms and participating in activities focusing on diversity and inclusion. It is a fabulous occasion where we celebrate everyone's identities from our First Nations to new arrivals to Australia.

Kindergarten also had a fantastic excursion to the Riverside Theatre in Parramatta this week. Students saw a play adaptation of *The Gruffalo's Child* by Julia Donaldson and thoroughly enjoyed the show. Watching a performance enhances the students' understanding of books as they are brought to life in a dramatic and funny performance.

Don't forget the Easter Hat parade will take place on Thursday the 28th of March straight after morning lines. This is a fabulous and colourful event for the students. There may even be a Bilby hunt in the Wangal.....

We hope everyone is accessing Seesaw as teachers are now posting sounds and words activities that students can practise as well as other games. Make sure you scan your 'family' code so you can see photos that we have posted.

Thank you to all the families and friends of our Kindergarten students for your support in your child's learning. We hope that you have an enjoyable Easter Long weekend and look forward to seeing you all after the school holidays.



Stage 1

Stage Page

What a fantastic first Term Stage One has had at Ashfield Public School! It's been a very busy term but the teachers are very proud of the students for continuing to work hard and set high expectations for themselves.

Our incursion through Skyworks Planetarium has been a very enjoyable experience for the students, and has explored our topic of Earth and Space through an interactive and immersive experience.

Week 8 brought the inclusive celebration which is Harmony Week! This is a fantastic time for students to learn more about their own cultures, while also celebrating and learning about different cultures. Stage One students had a wonderful time participating in the Japanese workshop, which was held on Wednesday, and doing engaging activities in the classroom on Thursday, focusing on celebrating the inclusion of culture.

Please remember that our Easter Hat parade will take place this Thursday the 28th of March.

Stage One teachers would like to thank families for their continued support throughout the term. We hope you have a lovely Easter long weekend, and we look forward to seeing you after the school holidays.



Stage 2

Stage Page

Wow! What a busy few weeks we have had in Stage 2!

Congratulations to our Year 3 students on completing your NAPLAN tests! Your hard work and dedication have paid off, and you should be proud of your efforts. These tests are a great opportunity to showcase your skills and knowledge, and you've all done an amazing job. Keep up the fantastic work, and continue to strive for excellence in everything you do!

The students were captivated and enthralled by the recent planetarium incursion, where they delved into the fascinating mechanics of our solar system. Learning about how the sun influences the seasons and creates the cycle of night and day was a truly eye-opening experience for them. Their faces lit up with excitement as they witnessed the interactive simulations, and their curiosity was ignited as they asked insightful questions. It was clear that they thoroughly enjoyed this educational adventure, and it's certain to leave a lasting impression on their understanding of the world around them.

During a special session, students learned about the Inner West Council recycling program called FOGO, which focuses on recycling food scraps and garden organics. A guest speaker explained how these materials are collected and processed, ultimately being sent to farmers for compost, enriching the soil and reducing waste.

During Harmony Week, students embraced diversity by dressing in their cultural attire and participating in a workshop focused on Africa. The workshop provided insights into African cultures, fostering a deeper appreciation and understanding among the students.

As the holidays approach, we extend our warmest wishes to all students and their families for a relaxing and enjoyable break. May this time be filled with joy, laughter, and cherished moments together.

The Stage 2 Team



Stage 3

Stage Page

A few weeks ago, Year 6 went to Bangarra Riverdance Theatre in Parramatta. The contemporary dance, titled 'Yuldea' explored the moment traditional life collided with the industrial ambition of a growing nation. In 1917, the two halves of the Transcontinental Railway met at the precious water soak on the edge of the Nullarbor, Yuldi Kapi. The performance was captivating, with dancers dressed in bright and symbolic costumes.

On the 29th of March - 1st of April, many of us will celebrate Easter. We wish those celebrating a Happy Easter and a restful holiday.

Get ready to run or walk for the Cross Country/Walkathon. As a refresher, the Cross Country/Walkathon is a walk to Ashfield Park and participates in a three lap run around the park. Remember to drink a lot of water and stay hydrated on the day!

In Week 2, Stage 3 is attending a Bell Shakespeare incursion. We look forward to a time of entertainment and literature based on a classic text.

With Week 3 coming up, the Selective test looms closer. Good luck to those attending. Remember, don't stress!

On a happier note, Harmony Week is proceeding smoothly with everyone learning about different cultures in our community. We thank everyone who taught us about their respective cultures.

By Jacinta, Eric, Disha and Samuel



The News Room



Attendance

Compulsory school age in NSW Parents are responsible for ensuring their children are either:

- enrolled at and attend a government school
- enrolled at and attend a registered non-government school
- registered for home schooling.

Enrolment register

Schools are responsible for obtaining, recording and maintaining current and accurate information about each student enrolled at the school. This includes details about the student, their parents, where students were previously enrolled (if relevant) and their post-school destination if they leave the school. Each manual identifies the specific information and details that schools are required to maintain in their enrolment register.

Attendance policies

Schools are required to have and implement policies and procedures to accurately record, monitor and follow-up unexplained student absences. The purpose of monitoring attendance is to ensure the safety and welfare of students. A school's processes for monitoring and recording attendance should contain sufficient procedural detail to ensure that all staff at the school understand their role, responsibilities and obligations for recording, monitoring and following-up absences.

Such details may include:

- Who will monitor attendance; record absences; update data; contact parents; follow up absences?
- What will be used to monitor and record attendance (paper or electronic system); will be recorded; criteria will be used when approving leave; intervention strategies will be used to address unsatisfactory attendance?
- When will attendance be taken; will parents be contacted if absence noted; will follow-up take place; will records be updated?



School Medal

Jairus	1P	Pia	4P
Luca	1P	Dean	4P
Aaryav	4P	Ellie	4P



School Awards

Austen	KA	Ariana	1P
George	KA	Luca	1P
Toby	KB	Remy	1P
Paloma	KB	Keerin	1P
Marley	KB	Ian	1P
Felicity	KB	Emme	1P
lyla	KB	Evie	1P
Mackenzie	KB	Matilda	1P
Adelin	KB	Aarav	1P
Reuben	KB	Shreshtha	4P
Harry	KB	Aayav	4P
Shivan	KB	Opal	4P
Yajas	KB	Josslynne	4P
Zee	KR	Mika	4P
Ian	1P	Ryan	4P
Evie	1P	Azucena	4P
Jairus 1P(x3)		Jayden	4P
Srijiva	1P	Pia	4P
Natalia	1P	Mikayla	4P
Krisa	1P	Sam	4P
Zoey	1P	Valentina	4P



March Birthdays

Pan	2nd	Mumbi	17th
Kammen	3rd	Aron	17th
Jasper	5th	Isaac	18th
Aaron	6th	Pablo	18th
Fermin	7th	Adeline	19th
Xinai	8th	Christian	20th
Benji	8th	Emma	20th
Adalin	10th	Guru	20th
Oliver	11th	Demetrius	20th
Mackenzie	11th	Sharav	22nd
Evelyn	12th	Gean	23rd
Qurru	12th	Leonidas	23rd
Avyanshi	12th	Fawad	23rd
Steven	15th	Jensen	24th
Khana	15th	Ryan	24th
Yvonne	15th	Joey	25th
Ashvik	16th	Rihanna	26th
Alish	16th	Max	29th

- Where will attendance be recorded; will reasons for absences and other records be stored; are archives to be maintained?
- How will the accuracy and integrity of the data be assured; will security of the data be maintained?

Attendance register

Schools must monitor and record daily student attendance. This may be done by either noting attendance or absences. Schools must record reasons for each absence and maintain evidence to substantiate the reason provided for an absence. When recording absences in attendance registers, schools must use the common codes approved by the Minister.

Exemption from attendance may be granted:

- due to employment in the entertainment industry
- for participation in elite arts or sporting events
- for health issues where sick leave is not appropriate or there are directions under the Public Health Act 2010.

Schools may seek advice from their relevant sector policy and/or representative about what may be granted as a type of exemption and the certificate to be issued.

Leave for travel

An exemption from attendance under the Minister's delegation cannot be granted for the purpose of travel. However, a Principal may grant leave for students travelling or other reasons the Principal considers as an acceptable reason for leave. The school's attendance policy should indicate its position regarding approving leave for travel. If relevant, the school must have procedures for applying for and approving an application for leave.

educationstandards.nsw.edu.au/wps/wcm/connect/25802976-2906-4ae6-a411-c241408f9e49/fact-sheet-attendance.pdf?MOD=AJPERES&CVID=

Deadly Kids Reports



Firestick farming, also known as cultural burning or cool burning, is an indigenous technique to prevent uncontrolled bushfires. The long term effect of improving the health of the land and wildlife by setting cool



Word of the Week

ZENITH: (*noun*)



1. A period of time when something or someone's career, reputation or sales are at its peak.
2. The point in the sky or celestial sphere directly above an observer.

The highest point reached by a given astronomical object.

Zenith in a sentence:

1. In 2012 Coca-Cola reached its zenith in sales, which directly contrasted the sluggish growth of their revenue in the first quarter of 2023.

Synonyms of Zenith:

- Highest point
- Crowning point
- Climax

Antonyms of Zenith:

- Bottom
- Anticlimax

Etymology of Zenith:

Zenith was established in its modern form during late middle English. It originated from Old French or medieval Latin *cenit* (point in the sky vertically above an observer) which is based on the Arabic term *samt ar-ra's* (over the head).

By Nicholas & Ryan

burns, generally spot fires with smaller, more controlled flames during the early, cool dry season. Fire stick farming is known to be 11,000 years old, and one of the oldest known farming practices in the world. This is why we must protect this form of ancient art.

By Kanna and Alira

SRC Report



Happy week nine Ashfield! We hope Harmony week brought you lots of joy along with the Twilight picnic, the African drumming and other entertaining events. As Ashfield Public School is approaching the end of Term 1, the SRC hopes you had a great start to the school year. Also, remember that we are always open for suggestions and can't wait to hear your feedback on this Term. The SRC wishes you an amazing two-week holiday and for you to enjoy the break off school.

SRC Executives.

Technology Report



The OnePlus Open is a foldable smartphone manufactured by OnePlus. The product was revealed on 19 October 2023.

In early October 2023, OnePlus' co-founder and CEO Pete Lau confirmed that the OnePlus Open was designed by both OnePlus and Oppo, and that it would be released under both brands with different names.

The OnePlus Open runs a software named OxygenOS 13.2, which the company says it will support for four years to reduce the number of updates

Game of the Week

SUBWAY SURFERS



Subway surfers is a classic endless runner game. It is fun for all ages. This game starts with Jake, the main character, spraying graffiti on a subway, before being caught in the act by the inspector and his dog, who start chasing him. While running, the player can swipe up, down, left, or right to avoid crashing into oncoming obstacles, such as incoming trains, poles, tunnel walls, and barriers.

The player can collect various items including coins, keys, score multipliers, super sneakers, jetpacks, magnets, mystery boxes, and power jumpers. A power jumper launches the character, a jetpack gives the ability to fly, a coin magnet attracts coins on the track, super sneakers give the ability to jump higher, and a score multiplier multiplies the rate at which the score increases. Items, such as a hoverboard, allow the character to avoid collisions for a limited duration. Players can use coins to purchase characters other than Jake to play with and new hover boards.

We rate this game **9/10!**

By Ruibin and Ciaran

needed. There are some thoughtful features such as the split screen meaning you can use a small screen or a larger screen. You can open two apps in a split view, but you can also add a third app that sort of hovers on the side of the display so it's partially visible and you can tab over to it quickly. App pairs and trios can be saved as home screen shortcuts, too.

There's a taskbar that you can display and hide easily, and it includes recent apps as well as a folder of recent documents.

THE GOOD

Thin and light for a foldable. Great format that feels like a normal phone when it's closed. Good multitasking support

THE BAD

Lacks full water resistance. No wireless charging. Price is too high considering missing features.

By Mory and Hochi

Book Report



Wings of Fire (Books 1-5)
Author: Tui T. Sutherland

Reading age: 8 -11 years old

After the death of Queen Oasis, the world is torn apart and Clay, Starflight, Sunny, Tsunami & Glory are destined to stop the war between the dragon tribes by choosing the next Sandwing Queen out of Blister, Blaze & Burn. Raised deep inside the heart of a mountain, after their three guardian dragons found them as eggs, the dragonets consider leaving and after their guardians threaten

Glory's life they decide once and for all to escape, determined to find their families. But they may find that not all is what it appears to be...

Five eggs to hatch on the brightest night, Five dragons born to end the fight, Darkness will rise to bring the light, The dragonets are coming...

Rating: **4.5 out of 5**

By Liam, Hasnika, Stella & Disha

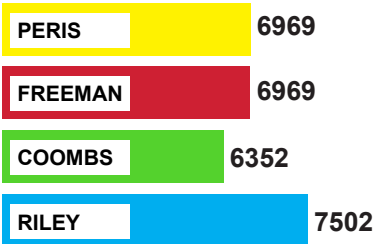


Joke of the Week

Why are leopards bad at hide and seek?



House Points



LACLA report



Thank you to all the people who donated to LACLA. Even though some classes don't have buckets, it'll still be appreciated if classes had one specific spot to place the money. If people have leftover money from the canteen or anything you can also place it in the bucket or give it to your teacher. All your help will be put to good use!

By Kanna & Sascha

Culture of the Week

Easter Sunday



It's that time of the year again, bunny rabbits, Easter eggs, and of course chocolate. This joyful event, Resurrection Sunday and Pascha, is a Christian/Catholic ceremony and ethnic holiday. The exact date of Easter varies each year because it is based on the lunar calendar. It normally falls on the first Sunday after the first full moon following the early equinox, (which is around March 21.) As a result, Easter can occur between March 22 and April 25. In 2024, Easter Sunday will occur on the 31st of March.

Easter Customs:

Many churches start the Easter Sunday celebrations at Midnight on Easter Eve. Candles are used worldwide to

start the Easter Day Midnight celebrations. Candles help Christians to remember that Jesus is the light of the world and that when he rose to life on Easter Day he got rid of the darkness of evil.

Churches are filled with flowers on Easter day. These represent a new life. Priests wear their best, brightest robes in celebration. If a Church has a model or tomb from Good Friday it will be empty with the stone rolled away, as it was on the first Easter day.

Easter traditions include sunrise services or late-night vigils, exclamations and exchanges of Paschal greetings, flowering the cross, the wearing of Easter bonnets by women, clipping the church, and the decoration and the communal breaking of Easter eggs.

Easter Feast:



Eggs are one of the most recognised Easter foods around. This is because eggs signify new life, which is what Easter and spring are all about. During the 18th century, people started giving Papier-mâché eggs filled with little gifts instead of the traditional painted eggs, then eventually chocolate eggs became a thing in the 19th century. But the first ones were made of bitter dark chocolate.

For many Australians, hot cross buns are an Easter staple. Coles sold more than 25 million hot cross buns last year and bakers around the country are fulfilling our demand for them by adding chocolate, sour dough, gluten-free and even fruit-free buns to their baking repertoire.

By Shreyaa & Sevgi

Mottainai Report

もったいない
Mottainai
What a waste!

In Mottainai originates from two words: Mottai meaning (Importance of sanctity) and nai meaning (lack of something). Together it means what a waste. Mottainai also means being grateful and not wasting the limited resources we have. Not only does mottainai reducing,reusing and recycling also respecting the things we eat and the things.



Of course the Red,Green and Yellow bins at our school explain it all and how we can reduce wasting things and food even more! In the **Red bin** we put the things that are considered general waste like such as: • styrofoam cups and containers. • pens and pencils. • tissues, napkins and paper towels. • disposable utensils and straws. In the **Green bin** we put things that are organic, such as grass clippings, prunings and leaves into compost and mulch. In the **Yellow bin** we put things that are recyclable ,things we can reuse again like plastic,cardboard and much more. Like that we can reduce a lot of rubbish in our school if you just take your time and throw your waste in the correct bin.



Sport Report

NRL



With The National Rugby League is a professional rugby league competition in Australia that contains clubs from New South Wales, Queensland, Victoria, the Australian Capital Territory and New Zealand. The season has started with some jaw-dropping performances with the Cowboys an inch from losing with the score 21-20 and title winners Panthers falling to Storm in an 8-point margin.

The dolphins thrashed the dragons with the scoreline as **38-0!**

Recipe of the Week

Pad Thai



Pad Thai is a sweet, salty, and crunchy meal that's ready in minutes. Indulge in rice noodles, crunchy veggies, and tender crispy chicken.

Photo Credits to 123RF

- Ingredients:
- 225g rice noodles

- 2 chicken breasts, thinly sliced
- 3 cloves garlic, minced
- 2 eggs, beaten (Optional)
- 1/4 cup soy sauce
- 2 tbsp fish sauce
- 2 tbsp brown sugar
- 1 tbsp rice vinegar
- 1/2 cup roasted peanuts, chopped (Optional)
- 2 green onions, chopped
- 1 lime, cut into wedges
- Fresh cilantro, for garnish

5. Add the cooked noodles and chicken back into the skillet.
6. In a small bowl, mix together the soy sauce, fish sauce, brown sugar, and rice vinegar. Pour this sauce over the noodles and chicken, and toss everything together until well combined. Cook for a few more minutes until everything is heated through.
7. Serve the Chicken Pad Thai hot, garnished with chopped peanuts, green onions, lime wedges, and fresh cilantro.

By Aidan and Daniel

Easter Holiday



Instructions:



1. Cook the rice noodles according to package instructions. Drain and set aside.
2. In a large skillet or wok, heat some oil over medium-high heat. Add the chicken and cook until browned and cooked thoroughly. Remove the chicken from the skillet and set aside.
3. In the same skillet, add a bit more oil and sauté the garlic for a few minutes.
4. Push the vegetables to one side of the skillet and pour the beaten eggs into the other side. Scramble the eggs until cooked, then mix them with the vegetables.

Easter Eggs

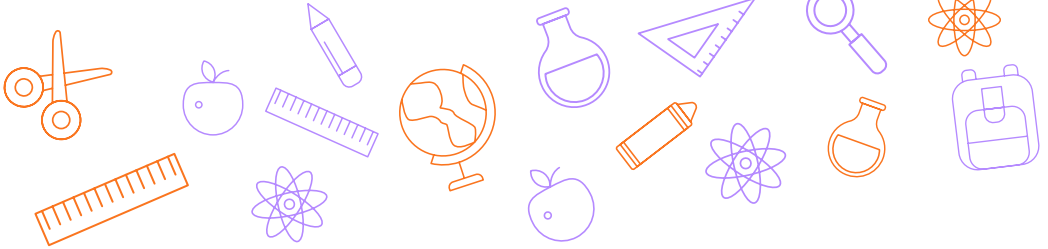
Easter is a religious holiday celebrated by Christians, it is celebrated on the first Sunday after the Paschal full moon, which is the first full moon on or after 21 March (a fixed approximation of the March equinox). This year, Easter will be celebrated on the 31st of March. One of the most widely shared and consumed foods during the Easter period is Chocolate Easter Eggs. This is because eggs signify a new life, which is what Easter is all about.

During the 18th century, people started giving Papier-mâché eggs filled with little gifts instead of the traditional painted eggs, then eventually chocolate eggs became a trend in the 19th century. Originally made of bitter, dark chocolate, they now can be made of all types of chocolate.

By Shreyaa & Sevgi

Advice Column

We are here to help



Dear Advice Column,

I am a student in Year 2 and frequently lose my hat and other belongings. My parents have replaced my hat four times.

What suggestions do you have for taking better care of my belongings?

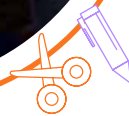
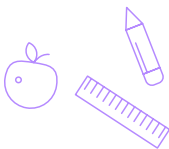
A Hatless Student



Dear Hatless Student,

You can always check the lost property for your lost belongings. Make sure that you also label all your possessions, that way, if someone finds your hat then they know who to give it back to. Being aware of where you place them is an important technique that helps as well. We hope you find these suggestions helpful!

The Advice Column

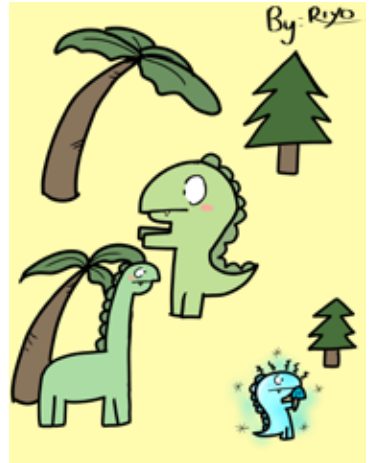


Artists of the Week

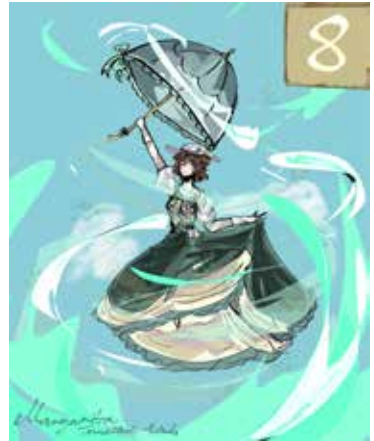
Artist in Residence - By Elisse



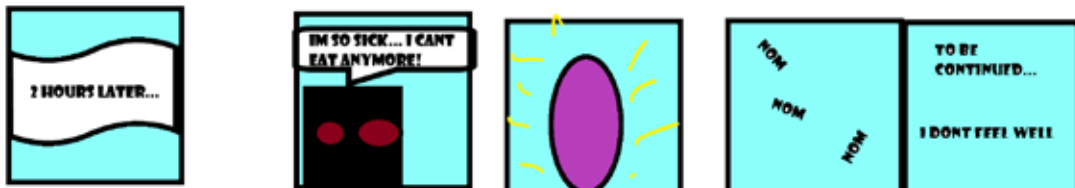
Artist in Residence - By Riyo



Artist in Residence - By Fiona



**LIFE OF A 2D SHAPE
EASTER SPECIAL**



SCHOOL UNIFORM DONATIONS NEEDED

Please consider donating unwanted uniforms that are clean and useable to the second hand uniform stall. Your donations help to give a family an affordable uniform and raise money to support the school at the same time! Uniforms can be dropped at the front office or handed in at the stall Wednesday mornings 8.45am – 9.15am next to Badalya.w



GARDEN CLUB

Gardening is a wonderful opportunity to be in a multi-sensory environment where children can touch and feel plants and be exposed to the amazing scents of growing herbs.

We look forward to planting some more vegetables next term with the generous voucher provided to us by Bunnings Ashfield.



SUSHI

ROLLS

TERIYAKI CHICKEN

+ cucumber *or* avocado

CHICKEN SCHNITZEL

+ cucumber *or* avocado

TUNA MAYO

+ cucumber *or* avocado

TUNA W/OUT MAYO

+ cucumber *or* avocado

CUCUMBER

AVOCADO

1 roll \$4.20

2 rolls \$7.50

3 rolls \$10.50

BABY SUSHI BOX

TUNA MAYO

TUNA W/OUT MAYO

AVOCADO

CUCUMBER

8 pcs \$4.50

INARI - TOFU POCKETS

2PCS \$4.50



Orders must be placed in person at the canteen or online at www.flexischools.com.

BADALYA

MENU

ALL ITEMS SOLD EVERYDAY!

FRESH/TOASTED SANDWICHES (GF OPTION + \$1.00)

VEGEMITE	\$3.20
VEGEMITE AND CHEESE	\$3.50
STRAWBERRY JAM	\$3.00
HONEY	\$3.20
CHEESE	\$3.50
CHEESE AND HAM	\$4.50
SALAD	\$4.50
<i>lettuce, shredded carrot, tomato slices + cheese 0.70, ham 1.00</i>	
EGG MAYO	\$4.50
CHEESE TOASTIE	\$3.50
CHEESE AND HAM TOASTIE	\$4.50
CHEESE AND AVOCADO	
TOASTIE	\$4.50

SNACKS

WHOLE FRUITS	\$1.50
MIXED FRUITS SALAD CUP	\$3.50
EDAMAME CUP	\$3.00
STICK VEGETABLE CUP	\$3.00
POPCORN	\$1.20
ANZAC BISCUIT	\$0.50
HOMEMADE BANANA BREAD	\$2.50
HOMEMADE RASPBERRY MUFFIN	\$2.00
FROZEN WATERMELON	\$2.00
HOMEMADE WAFFLE	\$1.00
HASH BROWN	\$1.50
MILO BALL	\$0.50

EVERYDAY HOT FOODS

OVEN BAKED CHICKEN	5 pcs	10 pcs
NUGGETS (HALAL)	\$4.50	\$8.00
OVEN BAKED CHICKEN	5 pcs	10 pcs
GOUJONS (HALAL)	\$4.50	\$8.00
TERIYAKI CHICKEN DON	\$7.00	
<i>Teriyaki chicken and rice + avocado \$1 +boiled egg \$1</i>		
OVEN BAKED VEGETABLE		
SPRING ROLLS (SPC)	\$3.80	
<i>Tomato sauce/bbq sauce +\$0.30 Sweet chilli sauce +\$0.30</i>		
HOMEMADE GOZLEME		
(4 SLICES)	\$5.50	
<i>Greek pitta bread, baby spinach, cheese + lemon wedge \$0.50</i>		
HOMEMADE BOLOGNESE		
WITH SHORT PASTA	\$6.00	
<i>+ parmesan cheese \$0.50 (GF option +\$0.70)</i>		
HOMEMADE NAPOLITANA		
WITH SHORT PASTA	\$5.80	
<i>+ parmesan cheese \$0.50 (GF Option + \$0.70)</i>		
HOMEMADE GARLIC BREAD	\$2.80	
MAC 'N' CHEESE		
MON - WED	\$5.80	
PREMIUM BEEF PIE	\$6.00	
<i>From Patchett's Pies</i>		

MEAL DEALS

A. SUSHI MEAL DEAL	\$8.80
<i>One sushi roll + edamame cup + stick vegetable cup + popcorn</i>	
B. SANDWICH MEAL DEAL	\$7.80
<i>One sandwich + seasonal muffin + popcorn</i>	
C. GOZLEME MEAL DEAL	\$8.80
<i>Homemade gozleme (4 slices) + fruits cup or stick vegies + popcorn</i>	

DRINKS

5 STAR HEALTH RATING	
JUICE	\$2.70
<i>(250mL) Apple, apple and blackcurrant, orange</i>	
BOTTLE OF WATER	\$2.00

BIRTHDAYS

PLEASE CONTACT US ON
EMAIL:
BADALYA.ASHFIELDPS@GMAIL.COM
PHONE: YUKO 0420 211 397
3 DAYS PRIOR TO ORDER

Photos of The Week



















Homework help

Do you struggle to understand your child's homework? Does your child need to practice their spelling and times tables? Are you looking for inspiration for projects and assignments? The free **School A to Z App** has been created by the Department of Education and Communities to help parents and their school-aged children, wherever and whenever they have homework and study questions.

Find out more: education.nsw.gov.au/parents-and-carers/learning/help-with-homework

Homework tips

Primary school homework tips Although aspects of the homework. Here are some tips to help.

Find out more: education.nsw.gov.au/parents-and-carers/learning/homework/helping-your-primary-school-child-with-homework

Eating at School

Almost nine out of 10 Australian parents say children's resistance is a major obstacle in their efforts to provide a healthy diet, and in many cases school lunches are one of the battlegrounds.

But it's a battle families can do without and there are some simple steps to help avoid it.

Find out more: education.nsw.gov.au/parents-and-carers/going-to-school/preparing-starting-primary-school/health-and-wellbeing/eating-at-school

Help with English

Does your child need help with spelling or writing? Here are some resources that may help.

Find out more: education.nsw.gov.au/parents-and-carers/learning/english

Maths

Struggling to remember everything you learnt in maths? If you need a refresher course, here are some tips and tools to help you to help your child.

Find out more: education.nsw.gov.au/parents-and-carers/learning/maths/maths-tips/helping-your-child-with-primary-school-maths





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FREE ENTRY

ASHFIELD COMMUNITY MARKET

SUNDAY 26 MAY 10AM-3PM



Fresh Produce

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more info here





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This is what I need in my bag...

**Crunch
& Sip**

10:00 - 10:15



**Break
One**

11am - 11:30am



**Break
Two**

1:25pm - 2:10pm



Other



Library Bag



School hat



Reading Folder

Triple E Initiatives 2023

(Engagement, Enrichment & Extension)

Day	Time	Activity	Teacher	Contact
Monday	7:30am – 8:30am	Tennis (K-6)	Paul Xu	0450 484 759
	1:40pm – 2:10pm	Lego Club (K-2)	Mel Raj	SCHOOL
		Eisteddfod (3-6)	Ritu Talwar	
		Drumming Club (3-6)	Andrew Hutchings	
Tuesday	8am – 9am	String Ensemble	Nathan Walsh	0433 149 840
	8am – 6pm	Music Tuition (K-6)		
	8am – 8:30am	Chess (K-6)	Cheryl Looijer	9745 1170
	8:20am – 8:50am	Typing (K-6)	Jiyoti Pandit	SCHOOL
	1:40pm – 2:10pm	Performing Arts Club (K-2)	Shirley Peshos	
		Ukulele	Anni Chi	
		Badminton (3-6)	Wangqianli Xiang	
	3pm – 4pm	Timetables Club (3-6)	Gion Sim	
		Robotics (3-6)		
	3pm – 4:30pm	Dance Class (K-6)	Sandra Malone	0419 483 108
Wednesday	7:30am – 8:30am	Tennis (K-6)	Paul Xu	0450 484 759
	8am – 6pm	Music Tuition (K-6)	Nathan Walsh	0433 149 840
	8am – 8:30am	Spellodrome (3-6)	Sara Origlio	SCHOOL
	1:40pm – 2:10pm	Computer Coding (3-6)	Marivic Murray	
		Computer Coding (K-2)	Jenny Tribbia	
		Recorder (1-2)	Mee York Wong	
		Junior Choir (K-2)	Kirsty Sydenham	
		Senior Choir (3-6)	Xara Perrin-Murphy	Ronan McDonnell
		Irish Language Club (3-6)		
	3pm – 4pm	Band	Nathan Walsh	0433 149 840
3pm – 4:30pm	Art Club (K-6)	Karen Manning	0403 774 500	
Thursday	8am – 6pm	Music Tuition (K-6)	Nathan Walsh	0433 149 840
	1:40pm – 2:10pm	Debating (5-6)	Arunny Peang	SCHOOL
		Performing Arts Club (3-6)	Shirley Peshos	
		Robotics (K-2)	Nicola Simmons	
		Gardening (K-6)	Praneeti Cyril	
		Recorder (3-6)	Xara Perrin-Murphy	
		Percussion Kindy	Mee York Wong	
3pm – 4:30pm	Homework Club	Joan Drummond		
Friday	8am – 6pm	Music Tuition (K-6)	Nathan Walsh	0433 149 840
	8am – 8:30am	Oz Tag (3-6)	Matthew Brown	SCHOOL
		Typing (K-6)	Georgie Balmain	
		Lego Club (3-4)	Dora Zhang	
	1:40pm – 2:10pm	Lego Club (5-6)	Dom Borger	
Operation Art (K-2)		Sarah Fatrouni		

Run by the teachers – no cost



Booked and paid for by parents
Please contact the tutors



10 Wellbeing Choices



Connecting & Belonging



This Is Me!



A journey of self-discovery

Workshops to foster children's emotional intelligence and general well-being.

A series of 6 sessions aimed at children, to foster emotional intelligence through exploring feelings and relationships. Using conversations, games, relaxation exercises, stories, and self-expression activities - with art materials such as paint, colored pencils, markers, chalk, clay, and craft materials. These interactive sessions offer children opportunities to learn about emotions/feelings, play games to support brain development, connect with each other and have **lots of fun**.



The program is for children aged between 5 and 7 years old.

Registration is for the whole program and fee applies.

There are only 12 places available. All materials will be provided.

For more information and to register your child: email Oriana orianaaranda.m@gmail.com or call her on 0433759116.

Dates: Tuesday, Wednesday, and Thursday
4th, 5th, 6th, 11th, 12th & 13th July 2023

Time: from 10:00am to 12:00noon

Where: Homebush Uniting Church Hall. Meredith St, cnr.
Burlington Rd - HOMEBUSH



Facilitator: The workshops are facilitated by Oriana Blanco. Early Childhood Teacher and a Registered Humanistic Play Therapist, and Interplay Practitioner.
Program has been designed by Oriana Blanco.



EASTER *Specials*

29TH MARCH - 1ST APRIL
LUNCH & DINNER

COLD SEAFOOD PLATE GF	M/V 27/29
Sydney rock oysters (3), tiger prawns (4), tasmanian smoked salmon, fresh lemon and marie rose sauce	
WHOLE FLOUNDER GF	30/33
Barbequed whole flounder, lemon and caper butter, sugar snap peas and fried potatoes	
LOBSTER MORNAY	65/67
Whole lobster mornay in a creamy béchamel sauce served with potato purée, broccolini and fly fish roe	
EASTER EGG CHEESECAKE	12/14
Chocolate Easter egg half shell filled with creamy vanilla cheesecake and biscuit base drizzled with caramel sauce and topped with easter eggs	

WESTS ASHFIELD