



**ASHFIELD**

PUBLIC SCHOOL Every child, every opportunity

# The Wangal News

Every child, every opportunity

Term 4 Week 6 - November 2023



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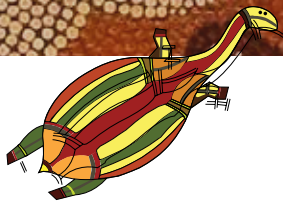
🌐 www.ashfield-p.schools.nsw.edu.au

🐦 @AshfieldPS

🚩 School Tours Monday 9:30am  
To book please call 9798 4400



Education & Communities



# Welcome to our School

We are a multicultural community.

We acknowledge the Wangal people who are the traditional custodians of this place we call Ashfield.

Together we are responsible for taking care of the land.



## From the Principal's Desk



*How quantities change, grow, or interact over time can be understood by knowing multiplicative relationships*

Multiplicative thinking enables a wide range of real-world problems to be solved including scaling, proportions and rates of change, which are fundamental in fields such as science, economics, and engineering.

Multiplicative thinking involves understanding 'times bigger', 'times smaller', 'times as many' and 'times fewer' and using this thinking to explain relationships between place value, multiplication, division, fractions, factors, multiples and products.

By learning multiplicative thinking, students develop efficient mental strategies and meaningful forms of written computation to solve a wide range of problems.

The following concepts collectively form the foundation of multiplicative thinking in primary school:

- **equal groups** (4 plates, each has 3 cakes. How many cakes altogether?)
- **rate** (What is the average speed of a car that moves 10km in 13 minutes?)
- **scale factor** (Reduce the size of the rhombus by two and a half times)
- **cartesian product** (3 different shorts, 4 different shirts, how many outfits?)
- **ratio and proportion** (the recipe feeds 4 people. Change it to feed 6 people)
- **percentages** (20 marbles in a jar. 15% is how many marbles?)

Commencing in Kindergarten, there are five broad phases to understand how multiplicative thinking develops:

**One-to-One Counting:** Students can match an object to a number in order. During this phase students do not have a concept of a group and may think they will get a different count if the collection is rearranged or if they start in a different place.

**Additive Composition:** Students can use groups to count more efficiently. They understand that a group can be rearranged or counted in different ways and the quantity will not change.

**Many-to-One Counting:** Students can represent one group and count repetitions of the same group. At this phase students will use additive thinking and individually count groups and then add them together, known as double counting.

**Multiplicative Relations:** Students know that when one quantity changes, the other quantity will change by a consistent factor. They understand the structure of the multiplication and division algorithm.

**Operating on the Operator:** Students know that operators are special symbols that indicate a specific operation to be performed. They understand how to operate these symbols including the multiplication (x) and division (÷) symbols to solve more complex mathematical statements or equations.

Multiplicative thinking is part of the ACARA National Numeracy Learning Progression and NSW Mathematics Syllabus. It is a critical aspect of developing number sense and the ability to understand and apply algebra.

Multiplicative thinking is one of the big ideas of mathematics and is central to the learning of mathematics. It provides students with the conceptual knowledge to really understand maths.

**Damien Moran**  
**Principal**

[creatinggrounds.com/uploads/9/6/2/4/96240662/siemon\\_summary.pdf](https://creatinggrounds.com/uploads/9/6/2/4/96240662/siemon_summary.pdf)

Lorraine Jacob & Sue Willis The Development of Multiplicative Thinking in Young Children.

[alearningplace.com.au/wp-content/uploads/2020/07/Multiplicative-Thinking-Post-4.pdf](https://alearningplace.com.au/wp-content/uploads/2020/07/Multiplicative-Thinking-Post-4.pdf)

# Principal's Recognition

These students have been chosen by their teachers to share their best work or commitment to learning with the Principal.



Class	Name	Reason
KS Serengeti	Liliana	For your diligent attitude towards learning
KB Borneo	Arianna	For communicating excellent problem solving skills when using the split strategy in maths.
KA Amazon	Joseph	For being an excellent worker during literacy rotations.
KX Himalayas	Evelyn	For showing immense enthusiasm in learning.
K/1C Galapagos	Jordan	For your effort to build strategies for spelling words.
1P Pilliga	Ronald	For enthusiasm and attitude to challenging learning.
1/2W Kakadu	Abigail	For consistently working to the best of their ability.
2W Antarctica	Charlotte	For displaying kindness and assistance to those in need.
2/3C Alps	Harmony	For being a highly motivated student who pursues challenges in all areas of learning.
3Z Zambezi	Murtaza	For making positive wellbeing choices and being an attentive student.
3/4N Ningaloo	Leon	For making a huge effort with his work in all areas of learning.
3-6C Congo	Jonason	For showing increased maturity and understanding in his learning.
4/5D Daintree	Ciaran	For his excellent wellbeing choices this term.
5B Bosawas	Clark	For his increased effort during poetry lessons.
5T Tortuguero	Nhi	For being committed and dedicated learner
5P Patagonia	Nehir	For displaying enthusiasm and organisational skills for the Bring and Buy Sale.
6M Mojave	Haley	For her continued effort in class to challenge herself.
6P Pilbara	Aidan	For being a positive and motivated learner who consistently completes work to a high standard.
6N Nullabor	Easton	For engaging successfully with writing tasks and producing imagery that can engage an audience.



# Kindergarten

## Stage Page

It is now the Kindergarten classes turn to perform an item on Morning Lines! We are eager to perform and share our work with the school. Parents, carers and visitors are welcome to attend.

Our music classes have become a highlight of our weeks! We enjoy learning and practising new songs that we can sing and move to. Each student has the opportunity to play a variety of instruments including the glockenspiel, triangles, clapping sticks, castanets, frame drums and the tambourine.

We have continued our learning in Chinese with Ms Chi. Students have learnt to say greetings/introductions, numbers, colours and family members in Mandarin. We enjoy noticing the differences and similarities between Mandarin and English or other languages we are familiar with.

The Annual Bring and Buy sale was an exciting event. We practised our financial literacy skills in the days leading up to it and this event definitely helped to build on this. Thank you to all who sold and bought.

We have many exciting events over the coming weeks! Stay up to date with eNews and your Parent Whatsapp for details.

- K-2 Science Incursion- Tuesday 5 December
- K-2 Christmas Concert at School - Thursday 14 December
- End of Year Picnic at Carss Park - date tbd
- Ashfield's Got Talent - Friday 15 December
- And lots more...



# Stage 1

## Stage Page

What fabulous experiences and times of learning Stage One have had so far! The school year is nearly over and we've had many great events, opportunities to shine and have fun.

Congratulations to our Stage One classes who have been brave and were amazing hosts at the whole school assemblies. We can't wait to see who will be on the stage next.

All classes have been completing Essential Assessments and Renaissance Place and AR Quizzes. We are preparing to score our reading ages and writing band tool assessment, ready for the end of year reports.

Another awesome event at Ashfield Public School is our annual Bring and Buy Sale. The buzzing of excited parents and students bringing items to sell and also make and use money to buy items. Many shopping lessons have taken place for students to practise their money, and change skills. Also we've had class discussions on the value of money and 'Wants and real needs'.

Please encourage your child to enter and perform at our famous Ashfield's Got Talent under the guidance of Ms Perrin-Murphy. Ask your child's teacher or Miss Perin-Murphy.

Stage One is also preparing for our Christmas Concert to entertain you and showcase our classes and their talents. We will let you know closer to the date, when it will be. We can't wait.





# Stage 2

## Stage Page

This week has seen us delve deep into finances for our Financial Literacy week. This week is important at Ashfield Public School because it gets our students prepared for the famous Bring and Buy Sale. This annual event sees students across Kindergarten to Year 6 collaborate, while learning, about buying and selling products. Students get the opportunity to enjoy a market style atmosphere and put their learning into action! The event was a huge success with smiles all round in the day. All involved had a fantastic time and enjoyed the goods being sold. Stage 2 wants to congratulate everyone on their amazing efforts for the day. Well done.

For Friday Sport, Stage 2 has directed its attention towards the sport of Cricket, with a strong emphasis on acquiring essential skills and techniques related to bowling, fielding, and batting. Students have been actively participating in a variety of engaging cricket skill-based games, thoroughly enjoying the experience. We extend our gratitude to Mr. Borger for his role in developing the Cricket curriculum for Stage 2.

We want to extend our congratulations to Lachlan of class 4/5D for taking part in the Spelling Bee State Finals and to Oliver, also from 4/5D, for her remarkable performance in the Public Speaking State Finals. Both of them have brought immense pride to Ashfield Public School.

With thanks to Jellybeans music, Stage 2 have been enjoying building on their understanding of rhythm. Each week they are extending their knowledge of music notations and performance by reading and performing excerpts of classical music material in their class groups. Stage 2 is embracing the opportunity to engage with percussive instruments and melodic instruments with trademark enthusiasm.



# Stage 3

## Stage Page

We are already half way through the term and it has been an exciting term! From the Halloween Disco to the Community Market.

Year Six Camp is rapidly approaching. At Canberra we will get the opportunity to learn about politics at the Parliament House. We will be visiting Questacon, a national science and technology centre. We will also

Our semester two reports will be disturbed on the 30th of November.





# The News Room



## Why Routines are Good for Children

**Routines can be good for children for several reasons:**

### *Safety, belonging and relationships*

Routines can be part of an organised and predictable home environment, which helps children and teenagers feel safe, secure and looked after. And a predictable family life can also help children cope during development changes like puberty or life events like the birth of a new child, divorce, illness or a house move.

Also, routines built around having fun or spending time together foster a sense of belonging and strengthen family relationships. For example, your routine might include things like reading a story together before bed each night, sharing regular family meals, or having a kick with your child before soccer practice every week.

### *Skills and responsibility*

Having chores as part of family routines helps children and teenagers develop a sense of responsibility and some basic skills like time management. These are skills children can use for life.

And when children can do their parts of the routine with less help or supervision, it also helps them become more independent.

### *Health and wellbeing*

Routines can help younger children to learn healthy habits, like brushing their teeth, taking medicine regularly, doing physical activity, or washing their hands after using the toilet.



## School Trophy

Carson 3Z



## School Medal

Gordon	KB	Richard	K/1C
Saanvi	KB	Dyani	KA
Alex	KB	Oliver	3-6C
River	KB	Kanika	3-6C
Arianna	KB	Kiv	3-6C
Zoey	KB	Shreshta	3-6C
Krisa	KX	Otis	3-6C
Ian	KX	Mikayla	3-6C
Maisie	1P	Michelle	3-6C
Fawad	1P	Javish	3Z
Ziah	1P	Opal	3Z
Nadine	3-6C	Carson	3Z
SJ	3-6C	Chuanjan	1P
D'arcy	3-6C	Ellie N	1P
Ark	3-6C		



## School Awards

Sodo	KA	Emily	K/1C
Jairus	KB	Nimesh	K/1C
Arianna	KB	Harry	K/1C
Zoey	KB	Pierre	K/1C
Matilda	KB	Elleisha	3-6C
Alex	KB	Jayden	3-6C
Sebby	KB	Jonason	3-6C
River	KB	Ellie	3-6C
Ethan Z	KB	Oliver	3-6C
Chloe	KB	Shreshta	3-6C
Enguun	KS	Dylan	3-6C
Rebecca	KS	Kanika	3-6C
Liliana	KS	Michelle	3-6C
Krisa	KX	Carson	3Z
Ian	KX	Mika	3Z
Fawad	1P	Maddison	3Z
Ziah	1P	Sayuki	3Z
Zahid	3-6C	Pia	3Z
Charlotte	3-6C	En Qi	3Z
Margad	K/1C	Valentina	3Z
Alex	K/1C	Jaydon	3Z
Liev	K/1C	Javish	3Z
Clementine	K/1C	Yi Cheng	3Z
Florence	K/1C	Si Yu	3Z
Richard	K/1C	Sri V.	3Z
Oskar	K/1C	Reuben	3Z
Kareem	K/1C	Nicholas	3Z

This means that routines can be good for children's health. For example, children who wash their hands more regularly might be less likely to get colds and other common illnesses.

Also, routines can reduce stress, and lower stress is good for children's immune systems. And routines can help children feel less anxious or sad during difficult times.

Daily routines help set our body clocks too. For example, bedtime routines help children's bodies 'know' when it's time to sleep. This can be a big help when children reach adolescence and their body clocks start to change.

## Why routines are good for parents

Regular and consistent routines can build your confidence as a parent. Routines help your family get through your daily tasks more efficiently and free up time for other things. Routines often mean you don't have to sort out disputes and make decisions. For example, if Sunday night is pizza night, no-one needs to argue about what's for dinner.

It can be easy to over schedule family life. Routines have many benefits, but it's also good for children and parents to have free time to play, relax or be creative.

[raisingchildren.net.au/grown-ups/family-life/routines-rituals-relationships/family-routines](https://raisingchildren.net.au/grown-ups/family-life/routines-rituals-relationships/family-routines)

## Deadly Kids Reports

### Indigenous Leadership Summit



The Indigenous Leadership Summit is on November 14th. It aims to change the way Australian organisations support First Nations peoples. The summit allowed top leaders to discuss the future of Indigenous careers, progression, and integration. It emphasised the importance of equal opportunities for Aboriginal people, addressing historical injustices and promoting social justice. This includes education, employment, and healthcare, fostering cultural preservation, economic development, and diversity, while upholding legal and moral obligations for a more inclusive society. The summit provided a platform for Indigenous peoples to exchange experiences, best practices, and creative solutions, enabling them to advocate for their communities locally and globally.



## 50 Nights of Reading

Alisha KA Sodo KA



## 100 Nights of Reading

Cassius KA



## 150 Nights of Reading

Isabella KA



## Word of the Week

**CONCATENATION:** (Noun)



**Meaning:** a series of interconnected or interdependent things of series.

**Origin:** *Concatenation* comes from the Late Latin word *concatēnātiōn*, which means "linked together, connected."

**Sentence examples:** The movie director used a clever concatenation of suspenseful scenes to keep the audience on the edge of their seats

**Pronunciation:** kon-kat-n-ey-shuhn

**Synonyms:** series, sequence, succession

**Antonyms:** amalgamation, incorporation.

**Segmentation:** c-o-n-c-a-te-n-a-ti-on  
hello this is elliot xing talking. Il love Megan to the end of the universe.,thats very weird.

## Culture of the Week



**Diwali or Dipawali** is one of India's biggest and most celebrated cultural holidays of the year. Diwali's name is influenced by the row (avali) of clay lamps and deepa. These clay lamps are lit during Diwali to symbolize prosperity in the new year. Diwali is a significant festival in Hinduism, Jainism and Sikhism. In a multicultural and diverse country like India, everyone has their own way of celebrating this festival. During Diwali, people like to celebrate by wearing their finest clothes on the day. They also illuminate the interior and exterior of their homes with saaki, an earthen lamp. For the Hindus, the holiday symbolises the return of Prince Rama of Ayodhya with his wife, Sita, and brother, Lakshman, from a 14-year-long exile and a war in which Prince Rama stood victorious. Many people like to make food as an offering for the gods. Some of these foods include bhaji, samosas, and idli.

By Lalita and Sylvia

## SRC Report



As we are entering the middle of our last term of school for this year, we hope that you have enjoyed the Halloween disco in week 3 and the Bring and Buy sale in week 5. If you have any suggestions, please put them into the suggestion box.

From the SRC Executives

## LACLA Report



Hello everybody,

If you didn't already know, LACLA stands for Let African Children Learn Association. It's a charity which raises funds for children in Zambia who don't have enough money to get an education. In Zambia, poverty is a big issue. Around 85-90% of



## November Birthdays

Alyssa	2nd	Chloe	17th
David	3rd	Jordan	17th
Pierre	3rd	Clark	19th
Tumau	3rd	Sascha	19th
Tamai	3rd	Kareem	19th
Cali	4th	Jack	19th
Ella	4th	Junxuan	20th
Sri V.	6th	Samarth	20th
Mokshitha	6th	Ciaran	22nd
Shristi	6th	Maisie	23rd
Marcus	7th	Hasnika	23rd
Sharrenah	7th	Harper	24th
Josh	7th	Fernanda	25th
River	8th	Caleb	25th
Dora	9th	Ridham	25th
Josephine	9th	Austin	26th
Caitlin	10th	Javish	27th
Bon	12th	Nehir	28th
Eric	13th	Oscar	28th
Jaden	15th	Thomas	29th
Ellie	15th	Sahasranshu	29th
Lucas	16th	Ruibin	30th
Milla	17th	Anshu	30th



## House Points

**PERIS** 6125

**FREEMAN** 1666

**COOMBS** 2537

**RILEY** 7205





Zambia's population lives in extreme poverty.

But what can you do to help? In each classroom there is a LACLA bucket which you can put your donations in so if you ever have some spare change please donate. Remember, every cent counts. One dollar can help give a child a chance to succeed in life.

By Lila and Emily



## Book Report

**Charlotte's Web** by E. B. White and illustrated by Garth Williams

Fern is a girl who cares for this pig who she names Wilbur. Charlotte is a spider who also develops a liking for this pig, so she saves the pig. Pig = happy!! :DDDDDD. De end

We rate it **16/11**.



## Game of the Week



Super Smash Bros Ultimate is a 2018 crossover fighting game developed by Bandai Namco Studios and Sora Ltd. and published by Nintendo for the Nintendo Switch. It is the fifth installment in the Super Smash Bros. series, succeeding Super Smash Bros.

There are 89 playable characters (some however are locked by a DLC) including people like, Kirby, Wario, Min Min and Lucina.

It's game play is pretty simple as you are on a platform and your goal is you have to knock your opponents off the platform and stay on the platform.



## Joke of the Week

What month is the shortest of the year?

**MAY**, because it only has three letters.



## Sports Report



The rugby world cup is an annual tournament comprising good teams from around the world. This year's world cup was contested with 20 great rugby teams. Unfortunately Australia didn't do very well in the world cup and didn't even make it out of our group after a 40-6 loss to Wales.

Now we all want to know who won so drum roll please... South Africa! They did very well with an 11-12 win over the New Zealand Kiwis. New Zealand did very well but South Africa was the better side.

## Mottainai Report

Overall the playground is looking good with minimal rubbish please keep this up and remember to put your rubbish in the right bin. **Red for waste**, **yellow for recycling** and **green for food waste**. Have a wonderful term :).



## Garden Bed Report

Welcome to this week's garden bed report. Currently, the garden beds are in normal condition. The Orange Jessamine near the fence is thriving and so are the succulents in the harmony garden. Otherwise not much has happened these past weeks. The wind has been pretty strong lately and this might affect the plants, however, they are still thriving.



Orange Jessamine

## Recipe of the Week

### Dumplings



### Ingredients for 24 dumplings

#### 4 cups all-purpose flour(500g)

- 2 teaspoons salt, divided
- 1 ¼ cups warm water(300 mL)
- 2 cups red cabbage(200 g)
- 2 cups green onion(300 g), sliced
- 6 cloves garlic, minced
- 4 tablespoons ginger, minced
- 2 tablespoons soy sauce
- 2 tablespoons sesame oil
- ½ lb ground pork(225 g)
- ½ teaspoon pepper
- ¾ cup mushroom(55 g), diced
- ¾ cup carrot(90 g), dice
- ½ lb shrimp(225 g), peeled and de-veined (optional)

### Dipping Sauce

- ¼ cup soy sauce(60 mL)
- ¼ cup rice wine vinegar(60 mL)
- 1 teaspoon sesame oil
- 1 teaspoon crushed red pepper flake

### Preparation

In a large bowl, combine the flour, 1 teaspoon of salt, and the warm water and mix until well combined.

Roll out dough on a floured surface and knead until smooth.

Divide the dough into 4 equal parts.

Roll out 1 piece of dough into a thin log and divide into 6 or 8 pieces, depending on the size of dumplings you want. Repeat with the remaining dough portions.

Lightly flour the dough pieces and roll out 1 piece into a thin circle roughly 4 inches (10 cm) in diameter.

Keep the dumpling wrappers separated with a small piece of parchment paper and repeat with the remaining dough.

Combine the cabbage, green onions, garlic, ginger, soy sauce, and sesame oil in a medium bowl and mix until well incorporated.

For the veggie filling, combine the mushrooms and carrot and microwave for 3 minutes, until soft. Add 1 cup (125g) of the cabbage mixture and stir until well incorporated.

For the shrimp filling, combine the shrimp with 1 cup (125g) of the cabbage mixture and stir until well incorporated.

To assemble the dumplings, add roughly 1 heaping tablespoon of filling to the centre of a dumpling wrapper. With your finger, lightly coat half of the outside of the wrapper with water. Fold the moistened half of the wrapper over the filling and, using your fingers, pleat the edges to seal. Repeat with the remaining fillings and wrappers.

Heat the oil over medium-high in a large skillet and add a few dumplings, cooking them in batches. Once the bottoms of the dumplings start to brown, add a splash of water and cover with a lid. Steam for about 5 minutes, or until the dumplings are cooked and the water has evaporated. Transfer the cooked dumplings to a paper towel-lined plate to remove any excess moisture or grease.

In a small bowl, combine the soy sauce, rice vinegar, sesame oil, and pepper flakes and stir to combine. Serve the dumplings immediately with the dipping sauce.

Enjoy!

Thank You to BBC Goodfood for the recipe.

By Rithanya and Alice



# Advice Column

*We are here to help*



*Dear advice column,*

*I like to stay up late at night to watch television, however when I go to school I find it difficult to concentrate in class. Can you give me any tips on sleeping earlier.*

*By a student*



*Dear student,*

*There are many ways to sleep earlier such as setting an alarm not to wake up but to remind you it's time to sleep. Another method you can sleep earlier is by sleeping when you normally sleep but 5 minutes before you usually do. That way you can slowly sleep earlier.*

*From the Advice Column*



## SCHOOL UNIFORM DONATIONS NEEDED

Please consider donating unwanted uniforms that are clean and useable to the second hand uniform stall. Your donations help to give a family an affordable uniform and raise money to support the school at the same time! Uniforms can be dropped at the front office or handed in at the stall Wednesday mornings 8.45am – 9.15am next to Badalya.w



## GARDEN CLUB

Gardening is a wonderful opportunity to be in a multi-sensory environment where children can touch and feel plants and be exposed to the amazing scents of growing herbs.

We look forward to planting some more vegetables next term with the generous voucher provided to us by Bunnings Ashfield.

## SUSHI

### ROLLS

**TERIYAKI CHICKEN**

+ cucumber or avocado

**CHICKEN SCHNITZEL**

+ cucumber or avocado

**TUNA MAYO**

+ cucumber or avocado

**TUNA W/OUT MAYO**

+ cucumber or avocado

**CUCUMBER**

**AVOCADO**

1 roll ..... \$4.20

2 rolls ..... \$7.50

3 rolls ..... \$10.50

### BABY SUSHI BOX

**TUNA MAYO**

**TUNA W/OUT MAYO**

**AVOCADO**

**CUCUMBER**

8 pcs ..... \$4.50

### INARI - TOFU POCKETS

2PCS ..... \$4.50



Orders must be placed in person at the canteen or online at [www.flexischools.com](http://www.flexischools.com).

## FRESH

(C)

**VEGEM**

**VEGEM**

**STRAW**

**HONEY**

**CHEESE**

**CHEESE**

**SALAD**

lettuce, shr

+ cheese O

**EGG MA**

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# BADALYA

## MENU



ALL ITEMS SOLD EVERYDAY!

### TOASTED SANDWICHES

(GF OPTION + \$1.00)

TE	\$3.20
TE AND CHEESE	\$3.50
BERRY JAM	\$3.00
	\$3.20
	\$3.50
AND HAM	\$4.50
	\$4.50
edded carrot, tomato slices 70, ham 1.00	
YO	\$4.50
TOASTIE	\$3.50
AND HAM TOASTIE	\$4.50
AND AVOCADO	
E	\$4.50

### CKS

FRUITS	\$1.50
FRUITS SALAD CUP	\$3.50
ME CUP	\$3.00
VEGETABLE CUP	\$3.00
IN	\$1.20
DISCUIT	\$0.50
ADE BANANA BREAD	\$2.50
DE RASPBERRY MUFFIN	\$2.00
WATERMELON	\$2.00

HOMEMADE WAFFLE	\$1.00
HASH BROWN	\$1.50
MILO BALL	\$0.50

### EVERYDAY HOT FOODS

TERIYAKI CHICKEN DON	\$7.00
Teriyaki chicken and rice + avocado \$1 +boiled egg \$1	
HOMEMADE GOZLEME	
(4 SLICES)	\$5.50
Greek pitta bread, baby spinach, cheese + lemon wedge	\$0.50
HOMEMADE BOLOGNESE	
WITH SHORT PASTA	\$6.00
+ parmesan cheese \$0.30 (GF option + \$0.50)	
HOMEMADE NAPOLITANA	
WITH SHORT PASTA	\$6.00
+ parmesan cheese \$0.30 (GF Option + \$0.50)	
OVEN BAKED CHICKEN	5 pcs 10 pcs
NUGGETS (HALAL)	\$4.50 \$8.00
OVEN BAKED CHICKEN	5 pcs 10 pcs
GOJONS (HALAL)	\$4.50 \$8.00
OVEN BAKED VEGETABLE	
SPRING ROLLS (5PC)	\$3.80
Tomato sauce/bbq sauce +\$0.30 Sweet chilli sauce +\$0.30	
HOMEMADE GARLIC BREAD	\$2.80
MAC 'N' CHEESE	
MON - WED	\$5.80

### MEAL DEALS

A. SUSHI MEAL DEAL	\$8.80
One sushi roll + edamame cup + stick vegetable cup + popcorn	
B. SANDWICH MEAL DEAL	\$7.80
One sandwich + seasonal muffin + popcorn	
C. GOZLEME MEAL DEAL	\$8.80
Homemade gozleme (4 slices) + fruits cup or stick vegies + popcorn	

### DRINKS

5 STAR HEALTH RATING	
JUICE	\$2.70
(250mL) Apple, apple and blackcurrant, orange	
BOTTLE OF WATER	\$2.00

### BIRTHDAYS

PLEASE CONTACT US ON

EMAIL :

BADALYA.ASHFIELDPS@GMAIL.COM

PHONE: YUKO 0420 211 397

3 DAYS PRIOR TO ORDER





## Artists The Week

Artist in Residence Mahveen



Comic by Atticus and Annabella



# Photos of The Week Bring and Buy Sale













# Photos of The Week















































## Homework help

Do you struggle to understand your child's homework? Does your child need to practice their spelling and times tables? Are you looking for inspiration for projects and assignments?

The free **School A to Z App** has been created by the Department of Education and Communities to help parents and their school-aged children, wherever and whenever they have homework and study questions.

**Find out more:** [education.nsw.gov.au/parents-and-carers/learning/help-with-homework](https://education.nsw.gov.au/parents-and-carers/learning/help-with-homework)

## Homework tips

Primary school homework tips Although aspects of the homework. Here are some tips to help.

**Find out more:** [education.nsw.gov.au/parents-and-carers/learning/homework/helping-your-primary-school-child-with-homework](https://education.nsw.gov.au/parents-and-carers/learning/homework/helping-your-primary-school-child-with-homework)

## Eating at School

Almost nine out of 10 Australian parents say children's resistance is a major obstacle in their efforts to provide a healthy diet, and in many cases school lunches are one of the battlegrounds.

But it's a battle families can do without and there are some simple steps to help avoid it.

**Find out more:** [education.nsw.gov.au/parents-and-carers/going-to-school/preparing-starting-primary-school/health-and-wellbeing/eating-at-school](https://education.nsw.gov.au/parents-and-carers/going-to-school/preparing-starting-primary-school/health-and-wellbeing/eating-at-school)

## Help with English

Does your child need help with spelling or writing? Here are some resources that may help.

**Find out more:** [education.nsw.gov.au/parents-and-carers/learning/english](https://education.nsw.gov.au/parents-and-carers/learning/english)

## Maths

Struggling to remember everything you learnt in maths? If you need a refresher course, here are some tips and tools to help you to help your child.

**Find out more:** [education.nsw.gov.au/parents-and-carers/learning/maths/maths-tips/helping-your-child-with-primary-school-maths](https://education.nsw.gov.au/parents-and-carers/learning/maths/maths-tips/helping-your-child-with-primary-school-maths)







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# JOIN THE P&C

All parents and carers welcome!

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# LOCAL FACES *supporting* — LOCAL NAMES

Ray White Ashfield are proud to be sponsoring Ashfield Public School, in support of our locals in the community we know and appreciate.

**Michael Simpson**

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[Michael.Simpson@RayWhite.com](mailto:Michael.Simpson@RayWhite.com)

**Andrew Simpson**

0456 550 025

[Andrew.Simpson@RayWhite.com](mailto:Andrew.Simpson@RayWhite.com)

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# ART FOR *Kids* & TEENS

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- SHOP 28, 301-313 Stanmore Rd, Petersham NSW 2049
- Ashfield (Expression of Interest)

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**ASHFIELD**

PUBLIC SCHOOL Every child, every opportunity



**This is what I need in my bag...**

**Crunch  
& Sip**

10:00 - 10:15



**Break  
One**

11am - 11:30am



**Break  
Two**

1:25pm - 2:10pm



**Other**



Library Bag



School hat



Reading Folder

# Triple E Initiatives 2023

(Engagement, Enrichment & Extension)

Day	Time	Activity	Teacher	Contact
Monday	8am – 6pm	Music Tuition (K-6)	Nathan Walsh	0433 149 840
	1:40pm – 2:10pm	Lego Club (K-2)	Jack Nelson	SCHOOL
		Eisteddfod (3-6)	Annalise Myerscough	
		Drumming Club (3-6)	Andrew Hutchings	
		Recorder (3-6)	Xara Perrin-Murphy	
Tuesday	7:30am – 8:30am	Tennis (K-6)	Paul Xu	0450 484 759
	8am – 9am	String Ensemble	Nathan Walsh	0433 149 840
	8am – 6pm	Music Tuition (K-6)	Nathan Walsh	0433 149 840
	8am – 8:30am	Chess (K-6)	Max Noussa	9745 1170
	8:20am – 8:50am	Typing (K-6)	Jiyoti Pandit	SCHOOL
	1:40pm – 2:10pm	Performing Arts Club (K-2)	Kelsey Saunders	
		Ukulele	Anni Chi	
		Badminton (3-6)	Wangqianli Xiang	
	3pm – 4pm	Timetables Club (3-6)	Joan Drummond	
		Robotics (5-6)	Sophie Dobinson	
	3pm – 4:30pm	Dance Class (K-6)	Sandra Malone	0419 483 108
Wednesday	8am – 6pm	Music Tuition (K-6)	Nathan Walsh	0433 149 840
	8am – 8:30am	Spellodrome (3-6)	Sara Origlio	SCHOOL
	1:40pm – 2:10pm	Computer Coding (K-6)	Kyle Wrapp	
		Robotics (3-4)	Jack Nelson	
		Recorder (K-2)	Mee York Wong	
		Junior Choir (K-2)	Kirsty Sydenham	
		Senior Choir (3-6)	Xara Perrin-Murphy	
	3pm – 4pm	Band	Nathan Walsh	0433 149 840
	3pm – 4:30pm	Art Club (K-6)	Karen Manning	0403 774 500
Thursday	7:30am – 8:30am	Tennis (K-6)	Paul Xu	0450 484 759
	8am – 6pm	Music Tuition (K-6)	Nathan Walsh	0433 149 840
	1:40pm – 2:10pm	Debating (5-6)	Ritu Talwar	SCHOOL
		Performing Arts Club (3-6)	Shirley Peshos	
		Robotics (K-2)	Ross Marsh	
		Gardening (K-6)	Praneeti Cyril	
	3pm – 4:30pm	Homework Club	Joan Drummond	
Friday	8am – 6pm	Music Tuition (K-6)	Nathan Walsh	0433 149 840
	8am – 8:30am	Oz Tag (3-6)	Matthew Brown	SCHOOL
		Typing (K-6)	Georgie Balmain	
		Lego Club (3-4)	Dora Zhang	
	1:40pm – 2:10pm	Lego Club (5-6)	Arunny Peang	
		Operation Art (K-2)	Emma Pressman	

Run by the teachers – no cost

Booked and paid for by parents



## 10 Wellbeing Choices



## Connecting & Belonging



# This Is Me!

A journey of self-discovery



**Workshops to foster children's emotional intelligence and general well-being.**

A series of 6 sessions aimed at children, to foster emotional intelligence through exploring feelings and relationships. Using conversations, games, relaxation exercises, stories, and self-expression activities - with art materials such as paint, colored pencils, markers, chalk, clay, and craft materials. These interactive sessions offer children opportunities to learn about emotions/feelings, play games to support brain development, connect with each other and have **lots of fun**.



The program is for children aged between 5 and 7 years old.

**Registration is for the whole program and fee applies.**

There are only 12 places available. All materials will be provided.

For more information and to register your child: email Oriana

[orianaaranda.m@gmail.com](mailto:orianaaranda.m@gmail.com) or call her on 0433759116.

**Dates:** Tuesday, Wednesday, and Thursday

4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup>, 11<sup>th</sup>, 12<sup>th</sup> & 13<sup>th</sup> July 2023

**Time:** from 10:00am to 12:00noon

**Where:** Homebush Uniting Church Hall. Meredith St, cnr.

Burlington Rd - HOMEBUSH



**Facilitator:** The workshops are facilitated by Oriana Blanco. Early Childhood Teacher and a Registered Humanistic Play Therapist, and Interplay Practitioner. Program has been designed by Oriana Blanco.





# SPRING *Specials*



**LUNCH**  
MONDAY TO FRIDAY



**DINNER**  
MONDAY TO THURSDAY

**WESTS ASHFIELD**